

LISTERIOSIS OUTBREAK

MEDIA STATEMENT
IMMEDIATE RELEASE

The Executive Mayor of Sedibeng District Municipality Cllr B. Modisakeng warns the citizen of Sedibeng about the outbreak of **Listeriosis** and also urges them to take precautionary measures.

The source of the outbreak is currently being investigated, and the Minister of Health

Dr A. Motsoaledi said " it's believed that this particular outbreak is from a food source that is being consumed by both the rich and the poor, and the contamination points may well be farms and food processing plants".

Listeria is found in soil, water and vegetation. Animal products and fresh produce can be contaminated which is then consumed by human

Those who contract the disease will have flu-like symptoms including diarrhea, fever, general body pains & weakness. If you encounter the symptoms mentioned please rush to look for **medical help**, in other words don't just assume and sit at home especially if you get flu like symptoms now in summer

The World Health Organisation (WHO) has advised on the following five keys to food safety

- Keep Clean- wash your hands before handling food and often during food preparation.
- If you are handling or storing raw food, do not touch already cooked food unless you have thoroughly washed your hands and food preparation utensils.
- Never eat half cooked or uncooked food especially meat products. For families with no source of clean running water need to boil their water before domestic use.
- Keep food at safe temperatures. Food to be kept cold should be refrigerated and food to be served hot should be served hot.
- Use pasteurized milk products. In the situation where pasteurization is not possible, own domestic consumption, please boil the milk prior to use.

For further enquiries kindly contact Mr Zies van Zyl
Manager: Municipal health Services
@ 082 905 6004 or 016 450 3259

Issued by the External Communication.

Office of the Executive Mayor

